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THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

1. A fence panel comprising:
  - at least one frame element having a plurality of
  - 5 first fasteners and a plurality of second fasteners;
  - a plurality of first palings respectively
  - fastened to a first side of said at least one frame
  - element by said plurality of first fasteners; and
  - a plurality of second palings respectively
  - 10 fastened to a second side of said at least one frame
  - element by said plurality of second fasteners.
2. A fence panel as claimed in claim 1 wherein at least
- 15 some of first and second palings are arranged in
- overlapping relationship with one another, thereby
- resisting flexion of each said at least one frame element.
3. A fence panel as claimed in claim 2 wherein each first
- 20 paling overlaps at least one second paling.
4. A fence panel as claimed in claim 1 or claim 2
- comprising a plurality of frame elements, each frame
- element having a plurality of said first and second
- 25 fasteners.
5. A fence panel as claimed in claim 1 wherein each first
- fastener comprises one or more first teeth for penetrating
- a first paling, and each second fastener comprises one or
- 30 more second teeth for penetrating a second paling.
6. A fence panel as claimed in claim 1 wherein each frame
- element comprises a pair of fastened sub-frame elements,
- each sub-frame element having fasteners on one side only,
- said sub-frame elements being fastened with their
- 35 respective fasteners arranged in mutually opposite
- directions.

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7. A fence panel as claimed in claim 1 wherein there is a plurality of first gaps between adjacent ones of said plurality of first palings and a plurality of second gaps between adjacent ones of said plurality of second palings.
- 5 8. A fence panel as claimed in claim 7 wherein said panel comprises two or more frame elements arranged substantially parallel to each other.
- 10 9. A fence panel as claimed in claim 8 wherein said plurality of first palings are longitudinally offset along each frame element with respect to said plurality of second palings.
- 15 10. A fence panel as claimed in claim 7 wherein:  
each first gap is in register with a second paling whereby a person looking through a first gap has their view impeded by a second paling; and  
each second gap is in register with a first  
20 paling whereby a person looking through a second gap has their view impeded by a first paling.
- 25 11. A fence panel as claimed in claim 1 wherein said plurality of first and second palings are arranged transversely to said at least one frame element.
- 30 12. A fence panel as claimed in claim 1 further comprising an attachment means at a pair of opposing side edges, said attachment means being for attaching said panel to either a second panel or a fence post.
13. A fence panel as claimed in claim 1 wherein said at least one frame element is a single tubular frame element.
- 35 14. A fence panel as claimed in claim 1 wherein each frame element comprises a strip of sheet metal having a substantially rectangular cross section.

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15. A fence panel as claimed in claim 1 wherein said plurality of first palings are a first width and said plurality of second palings are a second width.

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16. A section of fence comprising:

two adjacent fence posts;

at least one frame element between said two adjacent fence posts having a plurality of first fasteners and a plurality of second fasteners;

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a plurality of first palings respectively fastened to a first side of said at least one frame element by said plurality of first fasteners; and

a plurality of second palings respectively fastened to a second side of said at least one frame element by said plurality of second fasteners.

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17 A section of fence as claimed in claim 16 wherein each said at least one frame element further comprises a pair of attachment means for attaching said frame element to either a fence post or a further attachment means.

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18. A section of fence as claimed in claim 16 further comprising:

a top rail attached to an upper portion of each fence post, said top rail having a slot for accommodating the top end of each first and second paling; and

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a bottom rail attached to a lower portion of each fence post, said bottom rail having a slot for accommodating the bottom end of each first and second paling;

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wherein said section of fence is formed in a straight line between said two fence posts when the top end of each first and second paling is accommodated in said slot of said top rail and the bottom end of each first and second paling is accommodated in said slot of said bottom rail.

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19. A fence comprising a plurality of fence panels as claimed in claim 1.

5 20. A gate comprising:

at least one frame element having a plurality of first fasteners and a plurality of second fasteners;

10 a plurality of first palings respectively fastened to a first side of said at least one frame element by said plurality of first fasteners; and

a plurality of second palings respectively fastened to a second side of said at least one frame element by said plurality of second fasteners.

15 21. A method for assembling a fence panel comprising the steps of:

providing at least one frame element having a plurality of first fasteners and a plurality of second fasteners;

20 respectively fastening a plurality of first palings to a first side of said at least one frame element using said plurality of first fasteners; and

25 respectively fastening a plurality of second palings to a second side of said at least one frame element using said plurality of second fasteners.

22. A method for assembling a fence panel as claimed in claim 21 wherein:

30 each first fastener comprises one or more first teeth and each second fastener comprises one or more second teeth;

35 said step of fastening a plurality of first palings involves pressing said first teeth of each first fastener into a respective first paling wherein said plurality of first teeth penetrate said plurality of first palings thereby fastening said plurality of first palings to said first side; and

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said step of fastening a plurality of second palings involves pressing said second teeth of each second fastener into a respective second paling wherein said plurality of second teeth penetrate said plurality of second palings thereby fastening said plurality of second palings to said second side.

23. A method for installing a section of fence between two adjacent fence posts comprising the steps of:

assembling at least one fence panel, each fence panel being assembled by providing at least one frame element having a plurality of first fasteners and a plurality of second fasteners, respectively fastening a plurality of first palings to a first side of said at least one frame element using said plurality of first fasteners, and respectively fastening a plurality of second palings to a second side of said at least one frame element using plurality of said second fasteners;

situating said at least one fence panel between said two fence posts;

attaching a pair of top rails to an upper portion of each fence post wherein said at least one fence panel is compressed between said pair of top rails; and

attaching a pair of bottom rails to a lower portion of each fence post wherein said at least one fence panel is compressed between said pair of bottom rails.

24. A method for installing a section of fence as claimed in claim 23 wherein said step of assembling at least one fence panel involves assembling a single fence panel, attachment means being provided at a pair of opposing side edges of said fence panel.

25. A method for installing a section of fence as claimed in claim 23 wherein said step of assembling at least one fence panel involves assembling a plurality of fence

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panels, said fence panels being attached together using attachment means provided at a pair of opposing side edges of each fence panel.

- 5 26. A method for installing a section of fence as claimed in claim 24 or claim 25 wherein said at least one fence panel is collectively attached to said fence posts using attachment means provided at side edges of said at least one fence panel.

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27. A method for assembling a fence panel as claimed in claim 21 wherein the steps of fastening said plurality of first palings and said plurality of second palings are performed concurrently.

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28. A frame element for assembling a fence panel, said fence panel comprising at least one said frame element, a plurality of first palings fastened to a first side of each frame element and a plurality of second palings  
20 fastened to a second side of each frame element, said frame element comprising:

a plurality of first fasteners for respectively fastening said plurality of first palings to said first side; and

- 25 a plurality of second fasteners for respectively fastening said plurality of second palings to said second side.

29. A frame element as claimed in claim 28 wherein:

- 30 each first fastener comprises a plurality of first teeth for penetrating a first paling; and

each second fastener comprises a plurality of second teeth for penetrating a second paling.

- 35 30. A frame element as claimed in claim 28 wherein said first and second fasteners are evenly spaced longitudinally along said frame element.

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31. A frame element as claimed in claim 30 wherein said plurality of first fasteners are longitudinally offset along said frame element with respect to said plurality of second fasteners.

32. A frame element as claimed in claim 28 wherein said first and second fasteners are evenly spaced longitudinally along said frame element such that when said plurality of first palings are fastened to said first side and said plurality of second palings are fastened to said second side, there is a plurality of first gaps between adjacent ones of said plurality of first palings and a plurality of second gaps between adjacent ones of said plurality of second palings.

33. A frame element as claimed in claim 30 wherein said plurality of first fasteners are longitudinally offset along said frame element with respect to said plurality of second fasteners such that when said plurality of first palings are fastened to said first side and said plurality of second palings are fastened to said second side:

there is a plurality of first gaps between adjacent ones of said plurality of first palings and a plurality of second gaps between adjacent ones of said plurality of second palings;

each first gap is in register with a second paling whereby a person looking through a first gap has their view impeded by a second paling; and

each second gap is in register with a first paling whereby a person looking through a second gap has their view impeded by a first paling.

34. A frame element as claimed in claim 29 wherein said first teeth are spikes projecting laterally from said frame element and said second teeth are hooked.

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35. A frame element as claimed in claim 29 wherein said first teeth and said second teeth are hooked.

5 36. A frame element as claimed in claim 28 comprising a strip of sheet metal having a substantially rectangular cross section.

10 37. A frame element as claimed in claim 28 comprising an attachment means at either end for attaching said rail to a fence post or other said attachment means.